



NIFC COMMUNITY AWARENESS UPDATE



NIFC COMMUNITY AWARENESS UPDATE 4/22 (2 May 22)

(The Community Awareness Update provides general information to enable personnel to keep up-to-date with routine correspondence; it is not provided for mission-related items and does not replace the Emergency Messaging System.)

SUN 8 MAY 22, TITCHMARSH 10K ROAD RACE & 3K FUN RUN: (An ideal run if you want to challenge yourself over the 10K distance or just get all the family out for the 3K route; traffic-free roads.)

It's back - on Sun 8 May 22, Titchmarsh will host its annual 10k Road Race & 3k Fun Run. The 10k starts at 11am. The course takes runners out of the village and through some of the prettiest rolling green countryside the county has to offer before doubling back just before Clopton Church. The 3k Fun Run starts an hour earlier at 10.00am. It uses part of the same route and is a great event for youngsters and not-so-serious runners – including mum & dad!

Registration: You can register online now. You'll save a few quid if you are an affiliated runner – though you'll need to provide the name of your running club. Entry fees and inks to each registration form can be found below. Payment is via PayPal.

3k Fun Run: Starts 10am Great for kids, mums & dads! **Entry Fee £5** 3k Registration

10k Road Race: Starts 11am Open to all runners over 15 **Entry Fee £15 Affiliated - £17 Unaffiliated** 10k Registration

Registration on the Day: In a change from previous years, **there will be no on-the-day entries for the 10k** although we will accept them for the 3k (pre-registration is strongly encouraged though). The registration tent will be open at the Clubroom on Titchmarsh High Street at 9:00am where runners can collect their bib numbers.

Titchmarsh: Titchmarsh is 2 miles from Thrapston, just off the A14 at junction 13. Please approach the village from the A605 (other roads will be closed on the morning of the race) and follow signs to parking at the Playing Field.

Please note that access to the village directly from the A14 is not possible. Do not follow your satnav! Water stations are provided along the way and medical facilities are on-hand. Car parking, changing facilities and refreshments are also available. The roads are closed to through traffic for both events. Please note: Runners in the main race must be 15 years or older and children in the 3k must be accompanied by an adult if they are 7 or under.

PAPER £20 AND £50 NOTES TO BE WITHDRAWN IN SIX MONTHS:

Paper money will soon be a thing of the past as the Bank of England has announced paper £20 and £50 notes will be withdrawn as legal tender in six-months time. People who have these notes are encouraged to spend them or deposit them at the Post Office before 30 Sep 22, when the changes come into force. There is approximately £7 billion of £20 notes and £10.5 billion of £50 notes still in circulation.

The paper money will be replaced with new £20 polymer notes featuring J.M.W. Turner, and polymer £50 notes featuring Alan Turing. Once the deadline has passed people will no longer be able to spend paper notes in shops or use them to pay businesses. People with a UK bank account will still be able to deposit withdrawn notes into their account. The Bank of England will continue to exchange all withdrawn notes.

The new £50 note features a portrait of mathematician and war hero Alan Turing on the back. The new polymer £20 notes were first issued on 20 Feb 20, and the polymer £50 note on 23 Jun 21. This completed the move

Is it an emergency? Call 999

If it is not life threatening: Call 101 for the Civil Police; Call 111 for the NHS.

If you want to report a concern anonymously, you can report it via the Crimestoppers website or via their hotline on: 0800 555 111.

NIFC (24/7): 01480 847013



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to polymer notes from paper cash which began with moving to polymer £5 notes in 2016. According to the Bank of England, the new notes offer better security features which make them harder to counterfeit. The notes are also resistant to dirt and moisture, giving them a longer lifetime.

HOLIDAY FRAUD IS UP BY A THIRD: HOW YOU CAN AVOID BEING SCAMMED THIS SUMMER:

Victims stand to lose the most when booking false flights at £2,955 on average.

Holidaymakers are being urged to take care when planning their summer break as the number of scams linked to fake holidays rose by a third, research has revealed. Lloyds Bank said fraud relating to flight bookings was up by 13% in the 12 months to March 2022, with £2,955 lost on average. It is likely scams have increased as customers begin booking trips abroad again after the pandemic put a halt to vacations.

The research found scam reports linked to hotels were up by 18%, with the average amount lost £1,231.

Package holiday scams also saw a 17% increase during the same period, with victims losing an average of £2,342 on average.

The biggest increase in holiday booking scams came from scams linked to fake caravan bookings: cases surged by 108% year-on-year, although the average amount lost in each case was much lower at £374.

Many of the scams originate via a false advert on search engines or social media. Victims click on a link taking them to a website believing they are dealing with a legitimate company. Lloyds said it was easy for scammers to impersonate genuine firms online and that fraudsters often lurked on real accommodation listing sites, convincing victims to transfer cash directly rather than through the official platform.

Scammers are ready to cash in on any last minute surge in bookings, so it's vital that consumers know how to stay safe. Book directly with trusted sites or travel agents, avoid following links on social media, and always pay by card for the greatest protection. Remember, if it looks too good to be true, it almost certainly is.

How to avoid holiday scams this summer:

- **Great deals don't find you:** Fraudsters put adverts for fake holidays on social media and the internet. They can also send an offer by email or text pretending to be from a real company. Often, a deal will look much cheaper than those you can find elsewhere.
- **Make sure it's genuine:** Book a holiday with a company that is ABTA- or ATOL-protected. Take your time to make sure an offer is genuine before you choose to buy. Look for reviews from different customers and find a company that has lots of good reviews rather than bad ones or no reviews at all.
- **Protect how you pay:** The safest way to pay for a holiday is to use your debit or credit card. If a site or company wants you to pay another way, such as direct to a bank account or by wire transfer, it could be a scam. If you pay this way and things go wrong, you may not get your money back.

ART TUTORIAL: If you missed the Art Tutorial on Sun 24 Apr 22, you can still do catch-up via the recording

<https://vimeo.com/702567176/2585139cca>



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